A2 PE Coursework Outline

Your A2 PE coursework is separated into 3 sections:

**Section A** (60 marks):

The practical assessment. Your ability to perform the relevant core skills/techniques either as a performer, official or coach. This must be done within a fully competitive situation. Normally submitted as a video.

**Section B** (30 marks):

Your ability to analyse and critically evaluate your own/others’ weaknesses within a fully competitive situation in relation to an elite performer.

**Section C** (30 marks):

Your ability to identify theoretical causes for your weaknesses in performance and suggest appropriate corrective measures/practices to optimise your performance.