AS Coursework

The deadline for handing in your first completed AS video is the **end of November**, the deadline for the second video is the **end of December.** Every year there are students who struggle to meet this deadline because they leave it too late and then are affected by factors such as injury, frozen pitches etc. This task is worth 40% of your AS course so make sure that you get it completed in time! You will be given some lesson time to complete this task and will be shown how to edit footage but the majority of this work needs to be completed during extended learning time so it is vital that you are able to organise yourself.

Some Key info:

* There are 3 roles to choose from – performer, coach, official. You must hand in two DVD’s. You can do both from one area (e.g. performer in two different sports) or do one of two different areas (e.g. one as performer and one as official).
* For whichever role you choose read the spec carefully (you can find this on the AQA website if you don’t have it already, or ask me for a photocopy of the relevant info from your sport).
* Most of you have chosen performer as your role. Look over the core skills and demonstrate your performance of each one. When creating your DVD it is helpful for the moderator if you divide each skill with a short title screen (e.g. passing).
* Chose appropriate practices that are going to highlight your level of skill. It is difficult to achieve the very top marks if you chose really simple practices.
* You must include yourself performing in a modified game situation (e.g. 3v3 football possession game).
* You will also need to analyse the strengths and weaknesses (and effectiveness) of your performance (for each of the core skills and in the modified game). This should be done with a short interview at the end of your DVD. Write it out first and get either me or someone else to read through it. Try to be as thorough as possible. This was highlighted as a particularly weak area for several AS PE students last year.
* Of the three roles that you can chose from the performer role was by far the most popular. The coach and official roles achieved very high marks when done by students who were experienced already in those roles. Students who chose these roles but didn’t have much previous experience generally scored very poorly. In general it is recommended that you choose two performer roles unless you are very experienced in coaching or officiating.
* Coaches must coach all the core skills. Again, read the spec closely. The key is analysis, modification, refinement. Too many coaches just went through a series of practices without modifying their practices based on their analysis of the performer’s skill level and then refining their technique to show improvement. You can chose the number of performers to coach but it is generally recognised that the best marks were achieved when only looking at one performer.
* If you have any questions then please come and see me.